



Men Matter is a male centered group program being offered for male survivors of sexual abuse in PEI. The program is managed by the PEI Rape and Sexual Assault Centre. There is no charge to participants. All groups are led by two facilitators.

If you would like more information about the **Men Matter** program, or if you wish to register for a group, call the PEI Rape and Sexual Assault Centre, 902-566-1864.

Phase 1 Groups

Phase I is a 10-session/10-week group program. Its purpose is to prepare men for their journey of trauma recovery, by learning more about the impacts of abuse and expanding coping skills. Group members are not required to divulge personal information to the group. Each group will have 6 – 8 members. It is expected that group members attend all sessions.

Phase 2 Groups

After completing Phase 1, men are invited to participate in Phase 2 group work. This group program is offered in 8 week cycles, and men can remain in the group for up to two years. While participating, individual counselling is highly recommended.