

FEMINISM

*"A feminist is anyone who recognizes the equality and full humanity of women and men."
- Gloria Steinem*

Feminism is the idea that men and women are equal and should have equal rights. Although there are many different views within feminism, most feminists agree on these basic things:

- 1) Feminists believe in actively working to increase equality.
- 2) Feminists believe in expanding choice so that both men and women can be who they want to be, and do what they want to do, without being limited by their gender.
- 3) Feminists believe in creating laws and cultural norms that ensure women are not limited in their income, educational, and work opportunities just because they are women.
- 4) Feminists believe in education on sexual violence and promoting sexual freedom, so that women have control over their bodies and their sexuality.



FEMINISTS

Feminists care about women's health, women's voices, and women's safety. They seek to raise women up to an equal standing with men. They want women to be treated fairly in the workplace - from promotions, to equal pay, to the treatment they receive from coworkers. They also want women to have the freedom to choose whether to work, get married, or have children.

*"Feminism is about giving women choice... it's about freedom, it's about liberation, it's about equality."
- Emma Watson*

FEMINISM

The word feminism sometimes gets a bad reputation. However, being a feminist is, and has always been, a very simple concept: If you believe in the equality of men and women, you are a feminist.

Feminism is not about hating or blaming men.

Many people think that feminists hate men. What feminists actually dislike is patriarchy. Patriarchy is a word used to describe a society in which men hold an unequal amount of social and political power. In this kind of system, men, or masculinity, are seen as the norm, while women are marginalized and oppressed. Violence against women is a key feature of patriarchy. We did not choose patriarchy - it is a system we inherited. However, we all get to choose how we participate in it today: whether we support the system, or struggle against it.

FEMINIST ORGANIZATIONS

PEI Family Violence Prevention Services is an organization rooted in the feminist principles of equality, justice, and peace. We believe it is a basic human right to be free of abuse and fear of abuse in relationships. We are dedicated to eliminating physical, sexual, and emotional violence in families through the provision of quality services designed to empower and support those affected by family violence.

